

# African Powerlifting Federation

## Record Certificate

This is to certify that

**Yousf Oزالp**

Of the nation

**Egypt**

On the 5th day of September 2025  
achieved a Bench Press of 162,5kg in accordance  
with the rules of the  
International Powerlifting Federation  
at the 2025 World Subjunior and Junior Powerlifting Championships  
in San Jose, Costa Rica

This constitutes an African Record  
in the -83kg weight division, Classic Men's Subjunior Bench Press only  
class.

Dated this 5th day of September 2025



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



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